

**Cell Guide – Jesus Christ, Anointed One, May 9, 2021**  
**Part 2: Holy Spirit Series, Ps Ray D.**

**Leader's Notes**

- 🎬 Today we will begin cell by reflecting on quenching the Holy Spirit and then go into a practicum where we put the message into practice by listening in prayer and using the prophetic to encourage one another.
- 🎬 Use this guide as a helpful tool, feel free to adapt and adjust for your group as needed.
- 🎬 Remind your cell members to watch the sermon before cell and to take notes.
- 🎬 Feel free to use the church parking lot or a public park for your cell time. Just bring lawn chairs and sit socially distanced in groups of five. 88.3 FM will broadcast the message everyday at 7pm & 8pm on our parking lot.

**Introduction (10 minutes)**

- 🎬 Start your cell time with catching up from your week and sharing where everyone is at personally.

**Discussion and Personal Reflection:(15 minutes)**

- 🎬 In the message, Ps Ray mentioned that we can quench the Spirit in 3 ways (faulty beliefs, passivity, control – see sermon notes for more info). Discuss these things with your group, where have you seen this in your life? Tell a story from your life, encourage others to share as well. Then pray, confess, and invite the Holy Spirit to be active in your life.
- 🎬 **Personal Reflection:** In your journal, spend some time reflecting on these things.
  - Have I handcuffed the Holy Spirit from working in my life by quenching the spirit?
  - Confess any quenching of the Holy Spirit through faulty beliefs, passivity, control, or other.
  - Confess if you, your family, cell group, or ministry area has ignored or quenched the Spirit.
  - Invite the Holy Spirit into your life, family, cell group, ministry, and our church. Tell Him you want to learn to know Him and His ways better.
- 🎬 **Praying:** Take turns praying (no need to share and talk a bunch, just get to praying)
  - Confess anything you feel led to confess from your reflection.
  - Invite the Holy Spirit into your life, family, cell group and ministry. Tell Him you want to learn to know Him and His ways better.

**Prophetic Practicum: (30 minutes)**

We are going to practice using the gift of prophecy to encourage others. If you have been to an Empower Retreat then you have done this before, if not, I would encourage you to try it and see what God has for you. It is simply taking a moment to listen in prayer for someone in your group and then sharing what you have received. Do not discount what you may think is the dumbest thing. You never know how that will impact someone. Remember our prophetic guidelines – we do not share anything related to direction, correction, dates, mates, births, deaths. If your group is large, not everyone will be able to receive, but you will all get to practice listening to the Spirit prophetically. Consider splitting into groups of 4 for this practicum so more people have a chance to receive.

**Instructions:**

- 🎬 Start by choosing 1 person to receive. The person receiving should not give any hints as to what they want to hear from God about.
- 🎬 Then take a few minutes to listen in prayer for that person.

- 🎬 Each person can share briefly what they received. Then pray in unison for the person.
- 🎬 If you have time, then you can continue with another person receiving. Continue this until you run out of time. It would be nice if 2 or 3 people could receive.
- 🎬 The person receiving can share if it had an impact.
- 🎬 Point out what it felt like to get a word that is accurate.
- 🎬 What did it feel like to GIVE a word that is accurate?

**Closing (5 minutes)**

- 🎬 Close in prayer and discuss the plan for cell next week.
- 🎬 Remind people to watch the sermon on Sunday and to take note, coming to cell ready to share.