



Something happened. It might have been yesterday. It might have been years ago. But it hurt. And it changed you. And unless you forgive those who wronged you, the heart wound will become infected and spread. Eventually, you can become a prisoner of your own wounded heart.

In his creative, story-driven, highly motivating style, Bruce Wilkinson reveals from the words of Jesus Christ how you can find the freedom and peace your heart longs for.

Discover forgiveness that is for real and forever.

Videos Available on YouTube:

<https://www.youtube.com/playlist?list=PLctIsSVi6t5dDyKtvTb0BXBLUu23FW7x1>

Session 1: The Shocking Revelation about Forgiveness

Session 2: Five Requirements for Lasting Forgiveness

Session 3: The Results of Not Forgiving Others

Session 4: Four Steps to Forgive Other People

Session 5: God Commits to Handle Vengeance for You

Session 6: How can God Forgive Anyone for Everything

Session 7: What Happens When You Don't Forgive Yourself

Session 8: Steps to Forgive Yourself

You may choose to watch the videos, taking notes and discussing. Or you may choose to purchase the Course Workbook and go through those materials as a small group. Workbooks can be purchased here:

<https://www.brucewilkinsoncourses.org/collections/workbooks/products/70x7-workbook?variant=23727340865>